



Daily Schedule

Hourly blocks, 6am to 10pm. Block the three first, then fill around them.

Date _____

THREE THINGS TODAY

	1 _____	2 _____	3 _____
6:00 am			
7:00 am			
8:00 am			
9:00 am			
10:00 am			
11:00 am			
12:00 pm			
1:00 pm			
2:00 pm			
3:00 pm			
4:00 pm			
5:00 pm			
6:00 pm			
7:00 pm			
8:00 pm			
9:00 pm			

Unblocked time is not free time — it is where the three go.

getzero.app/templates